



City of Ashtabula

Ashtabula City Council

Community Development/Economic Development/Parks & Recreation Committee Meeting

Tuesday, February 8, 2022 at 4:00 PM

Council Chambers

4717 Main Avenue

Minutes

Opening of Committee Meeting

Call to Order

The meeting of the Ashtabula City Council Community Development/ Economic Development/ Parks & Recreation Committee was called to order at 4:00 p.m. by Committee Vice Chair Mills.

Roll Call

Members Present: Ward 4 Councilor Jodi Mills, President John Roskovics

Absent: Ward 5 Councilor Jane Haines

Officers Present: City Manager James Timonere, Clerk of Council Stacy Senskey

Absent: none

Sunshine Law Certification

A quorum was established as defined by Ashtabula City Council Rules of Order. The meeting met the requirements of the Ohio Sunshine Laws Open Meetings Act.

Welcome and Acknowledgement of Visitors

Special Guest Presentation

Peggy Senskey, Community Liaison for Signature Health

Peggy Senskey has been the Community Liaison at Signature Health for six months but was a case manager there for 15 years. She has a long history of experience in case management of adults and young people in need of treatment for addictions or mental and emotional health. Signature Health is a federally qualified, non-profit health care center, assisting our communities' adults and youths with primary care, behavioral health, and addiction recovery. Peggy Senskey provided Signature Health handouts explaining all the specialized services they provide and the group programs they offer (attached). They accept walk-in services or call 440-992-8552 or online SignatureHealthInc.org. Drugs, poverty, and housing are barriers encountered in our community, but Signature Health offers case management services to connect an individual with support for basic needs. At Signature Health's Child Advocacy Center, an abused child has a private entrance and private areas where the victim can feel at ease. Signature Health is in the process of renovating the fifth and sixth floors to expand the lab, pharmacy, and primary medicine areas. Tours of the building are available by calling 440-992-8552 and asking for the Community Liaison, Peggy Senskey. Building trust in the community, Peggy Senskey travels to different locations where the public may not have access to the newspaper or the internet. She visits foodbanks, outdoor events and plans to set up a booth at the Remote Area Medical (RAM) Free Clinic on April 2nd and 3rd at

Lakeside High School. Signature Health Crisis Team refers emergency situations to other facilities. Changes in programs and new treatments are upcoming for Signature Health. In dealing with homelessness, trust has been an issue for some in need of services. Starting with the basics helps build trust, allowing those in need to feel comfortable. Since 2016, homelessness has increased in Ashtabula County and around the country. There are over 100 employees in Ashtabula's building and over 800 employees throughout the Signature Health system.

Parks & Recreation Committee Report

Parks & Recreation Board Chair, Mary Graves, said the board has a "wish list" for park levy funds which includes:

- The parks that need garbage cans and benches
- Motion sensor lights and cameras for Walnut Beach concession stand
- Additional dedicated part-time summer park employee
- A resource officer at Walnut, Kaden, North and South Parks
- Wayfinding signs for Walnut Beach and Point Park, one located at Lake Avenue and West 9th Street, and one at Lake Avenue and Bridge Street
- Resurface basketball court at Kaden Park as the main 2022 project
- Smith Field Sports Complex as the 2023 project

The next Parks & Recreation Board meeting is Tuesday, March 1, 2022, at 5:00 p.m.

City Manager Timonere replied to the "wish list"

- Lights at Walnut Beach are on photocells and always light up at dusk. The lights can be found around the concession stand, bocce court, and parking lots on telephone poles. The door to the concession stand was rekeyed.
- Taking a global approach to wayfinding signs, not just for the two parks mentioned
- Less than a mile from Kaden Park are basketball hoops on West 47th Street but can get an estimate
- City Manager Timonere and his staff are researching allocation and odnr grant funding to reduce the need for Park Levy funds for Smith Field Sports Complex, which includes two basketball courts
- City Manager Timonere asked the Park Board to develop a "master plan", a higher-level discussion of the future of the parks
- An outside organization is interested in one of the City parks

February 2022 Minutes

City Manager's Report

Garbage cans are emptied as part of the daily sanitation routes. City Manager Timonere will check on the Kaden Park garbage can situation. He would like to keep a consistent look throughout the parks as much as possible. Strong candidates bid for the Walnut Beach concessionaire. The concession stand and the bathrooms are functional. Two new pumps were put in the pump station there.

Unfinished Business

Update on Walnut Beach sign:

From the 11/09/2021 Community Development/ Economic Development/ Parks & Recreation committee meeting:

Mr. Morrison made a donation to the City for a Walnut Beach Sign. The two quotes received are well over the initial donation, review and negotiation are required.

City Manager Timonere said prices for the archway sign came in double and he is working with the Morrison Foundation and holding off on the project.

Medical Marijuana Dispensaries update -

From 11-09-2021 Community Development/ Economic Development/ Parks & Recreation committee meeting:

City Manager Timonere has received seven requests for assistance with medical marijuana dispensaries. Three additional licenses are opening up in our region. Applications are due to the State of Ohio by Thursday, November 11th. City Manager Timonere is tasked with verifying the approved zoning exists and the properties are located in areas that don't violate any zoning laws. City legislation states the dispensaries may be located on Lake Avenue, West Avenue, Route 20, and Bridge Street. State legislation prevents dispensaries from being located near schools and churches. There is a possibility of another available license in the future.

City Manager Timonere has not received confirmation of any decisions from the State of Ohio but will follow up with some of the applicants.

New Business

Next Meeting

Tuesday, March 8, 2022 @ 4:00 p.m.

Special Guest: Brad Blair, Project Consultant – Ashtabula Capital Access Program

Adjournment

The meeting was adjourned at 4:45 p.m. by Committee Vice Chair Mills

Clerk of Council, Stacy H. Senskey
Attachments

Supporting Your Mental and Emotional Health

Now more than ever, working with a mental health professional could have a positive impact on your life and relationships.

Signature Health's caregivers listen nonjudgmentally and work with you to build a road map to where you want to be.

We offer comprehensive approaches — including medication therapy and talk therapy — to treat these behavioral health issues and many more:

- Anxiety
- Depression
- ADD or ADHD
- Bipolar disorder
- Schizophrenia
- Grief
- Addiction to drugs or alcohol
- Trauma
- Obsessive compulsive disorder (OCD)

What to Expect

When you begin treatment, you can expect to meet with an intake team member and answer a series of questions. This helps us get you on the right path for care. You also may need to complete a diagnostic assessment to help inform your treatment plan and care team.



Determining Care That's Right for You

There are a variety of recovery approaches you can consider on your journey. Your treatment plan may include one or more of these services:

- **One-on-one** counseling (children and adults)
- **Couples/marriage** counseling
- **Family** counseling
- **Group** counseling
- **Psychiatry** (children and adults)
- **Art therapy**
- **Anger management**
- **EMDR** (Eye Movement Desensitization and Reprocessing) for treating PTSD or trauma
- **Case management**, to help navigate everyday life and make sure your basic needs are met (e.g. enough food, housing, clothing, etc.)
- Partial hospitalization programs (**PHP**)
- Intensive outpatient programs (**IOP**)
- Medication for addiction treatment (**MAT**) including SUBOXONE® and VIVITROL®

Many Signature Health patients have what's known as a dual diagnosis, meaning they receive treatment for both a mental health condition and substance use disorder (SUD).

Medical Care for Your Physical Health and Wellness

Getting primary care through Signature Health means a focus on wellness, disease prevention and management, and vaccinations, as well as timely treatment of illnesses or injuries.

We offer specialized medical care in these areas:

- **Family medicine**
- **Pediatric care**
- **Women's and reproductive health**, including cancer screenings, family planning, prenatal care, and sexual health
- **Infectious disease**, including prevention, rapid screening and treatment of HIV, hepatitis, and sexually transmitted infections (STIs/STDs)



A Care Team Built for You

Depending on your care plan, your team could include

- Counselor
- Psychiatrist
- Nurse practitioner
- Nurse
- Social worker
- Case manager
- Pharmacist
- Primary care provider
- Infectious disease provider
- Women's health provider

Paying for Care

Signature Health cares for patients regardless of ability to pay. We accept Medicaid and Medicare insurance. Private insurance is accepted only in some cases when patients receive grant-supported family planning services.

For patients who are uninsured, we can help you determine eligibility for coverage. We offer a sliding-fee scale for payment, which means your income level determines your cost for services.



Visit us at SignatureHealthInc.org

When You Need Help Now

Whether you or a loved one is struggling with mental health or addiction, or is simply wanting to improve your overall health, let Signature Health's expert team help — with a treatment plan and support that is tailored to each patient's goals.

Getting Help, Made Easier

The decision to improve your health is a huge step, and Signature Health makes it easy for you to get the care you need through:

- Walk-in hours
- Evening appointments
- Virtual video appointments
- On-site pharmacies with prescription delivery
- Transportation help
- Help getting insurance
- Quick lab results
- Same-day psych evaluations for urgent needs

We provide a variety of services, so you can take care of both your mental health and physical health — all at the same place with approachable health care providers.

We are accepting new patients. To make an appointment, call **440-578-8200**.

To make a referral, call **440-578-8211** or visit our website for a faxable form.

Outpatient Care Locations

Ashtabula

4726 Main Ave.
Ashtabula, OH, 44004
(440) 992-8552

Beachwood

24200 Chagrin Blvd.
Beachwood, OH, 44122
(216) 831-6466

Lakewood

14701 Detroit Ave., Ste. 620
Lakewood, OH, 44107
(216) 766-6080

Maple Heights

21100 Southgate Park Blvd.
Maple Heights, OH, 44137
(216) 663-6100

Painesville

462 Chardon St.
Painesville, OH, 44077
(440) 853-1501
*Fall 2021: Estimated move
to 54 S. State St.*

Willoughby

38882 Mentor Ave.
Willoughby, OH, 44094
(440) 953-9999

**For hours of operation and services available
by location, visit SignatureHealthInc.org**

Residential Care Locations

Bridgeview Manor

4428 Collins Blvd.
Ashtabula, OH 44004
(440) 992-6600

*Coming soon: a new
treatment facility in
Mentor and the relocation
and reopening of ORCA
House in Cleveland*



FTCA Disclaimer: This health care center receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain Health or Health-related claims, including malpractice claims, for itself and its covered individuals. Additionally, our facilities have Federal Tort Claims deemed status.

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Signature
HEALTH

When you need help now.®

Accessible Care for Your Mental and Physical Health

Serving all ages with locations in
Cuyahoga, Lake and Ashtabula counties



SIGNATURE HEALTH ASHTABULA GROUP LIST

UPDATED January 2022

Dual Partial Hospitalization Program (DPHP) – Every day of week from 12:30PM-3:30PM (15 hours per week, part of 16 week IOP Program, if clients spend 4 weeks in DPHP they will have 12 weeks left in IOP group before moving on to Aftercare program, program time may be extended if recommended by treatment team) . Facilitators: Heather Santiana, Stacy Smith, Bridget Sheets, Ashley Focht

Intensive Outpatient Program (IOP) – Morning Group – Tuesday, Thursday, Friday from 10AM-1PM (9 hours per week, 16 week program, time in DPHP is subtracted from this 16 weeks, programs may be extended if clients require additional support) Facilitators: Stephanie Pavolko, Amber Cone. Melissa Weber currently assisting Thursdays.

Intensive Outpatient Program (IOP) – Afternoon Group – Monday, Tuesday, Thursday from 1PM-4PM (9 hours per week, 16 week program, time in DPHP is subtracted from this 16 weeks, programs may be extended if clients require additional support) Facilitators: Robin Deemer and Melissa Weber.

Intensive Outpatient Program (IOP) – Evening Group – Monday, Tuesday, Thursday from 4PM-7PM (9 hours per week, 16 week program, time in DPHP is subtracted from this 16 weeks, programs may be extended if clients require additional support). Facilitators: Steve Macek, Bridget Sheets

Aftercare (Recovery Maintenance group) – Monday (men only), Tuesday (Women only), Wednesday (men and women combined) – 4PM-5PM each day (2 hours per week for 8 weeks and then transition down to 1 hour per week for another 8 weeks before completing program and moving on to maintenance, which is usually individual counseling at a frequency determined by therapist and client). Facilitator: Diane Fultz

Dialectical Behavioral Therapy (DBT) Group – Tuesdays 10am-Noon (2 hours per week, completion is determined by therapist and group facilitator). Facilitators: Heather Santiana, Laurie Trinko

Love and Logic Group (Case Management Group) – Mondays from 4:30-6PM –6 week parenting children of all ages. Facilitator: Dawn Pettit

Girls Circle –Tuesdays 5-6pm- social and emotional strengths. Facilitator: Mary Kantor

Body Focused Repetitive Behavior (BFRB) – Adult group, Tuesdays from 11am-12:30pm. Facilitator: Yannette Barnes

Anger Management Group – Wednesdays 10am-1pm. Facilitators: Steve Adams and Ashley Focht

Extra Awareness – Thursday 4:30-5:30– Special needs adolescent males who have used sexually abusive behavior. Facilitators: Howard Loftus & Kali Dehn

Awareness – Thursday 5:30-6:30 – Adolescent males with sexually abusive behavior. Facilitators: Howard Loftus & Kali Dehn

Peer Support Group (Peer Recovery Group) – Wednesday 3PM-5PM – led by Peer Support Specialist - support, reflection, self- care – alternative (or addition) to 12 step programs – open
Facilitator: Amanda Bosley

Together We Recover (Peer Recovery Group) – Thursdays 3-4pm, open to the public.
Facilitator: Amanda Bosley

Hope is Our Journey (Peer Recovery Group)—Thursdays 4-5, open to the public. Facilitator: Amanda Bosley

Off-site:

Bridgeview PHP—Monday-Friday, 9am-12pm. Mary Kantor, Renee Howell, Abby Gaunt, Jennifer Troy.

Homesafe Support Group—2-3pm on Fridays for Homesafe residents and open to community and our clients. Contract service so no insurance needed. Currently on hold until mid-January.
Facilitator: Stephanie Pavolko